

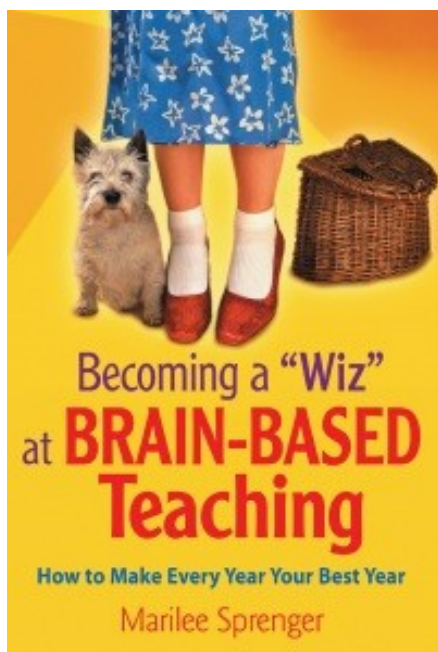
Book Review

Becoming a “Wiz” at Brain-based Teaching

How to make every year your best year

Author: Marilee Sprenger

Publisher: Skyhorse Publishing, 2015



The author of this book is a professional development consultant engaged in raising student achievement using brain-based teaching strategies, differentiation and memory research. The first part of the book explains current brain research and how an understanding of the brain can be used to enhance educational outcomes for students.

She then goes on to describe the stress response and ways to reduce stress in students; emotional intelligence and ways to build social-emotional skills; cognitive skills and ways to promote cognitive growth and the different memory systems in the brain. Finally she talks about brain-based techniques for classroom control.

This is a stimulating book with lots of good advice.



Star Rating

-  Not Achieved
-  Achieved
-  Merit
-  Excellence